



**3K Series NVH 19/06/2019**

Position	Name	Time	PB/SB
47	Logan Gichuhi	00:13:08	
63	Sydney Uren	00:14:15	
77	Emily Olik	00:15:45	

**88 Finishers**

**5K Series NVH 19/06/2019**

Position	Name	Time	PB/SB
7	Scott Meadows	00:16:57	
16	Martin Gichuhi	00:17:45	
26	Tom Middleton	00:18:10	
41	Mark Pereira	00:18:46	
72	Mike Daniels	00:19:49	
80	Paul Baxter	00:20:07	
138	Alan Condon	00:22:32	
148	Eric Winstone	00:22:50	
154	Shane Goldsmith	00:22:57	
177	Michelle Cooper	00:23:27	
194	Charlotte Edwards	00:23:54	
206	Paul Hides	00:24:09	SB - 3Min 37 Seconds
250	Laura Edwards	00:25:15	PB - 24 Seconds
279	Paul Atherfold	00:26:34	
284	Vicky Olik	00:26:53	
299	Sue Pawson	00:27:45	
304	Mary Webber	00:28:03	
308	Bryan Smale	00:28:17	
314	Sarah Williams	00:28:28	
336	Barbara Gunn	00:29:53	
377	Wendy Edwards	00:34:37	

**395 Finishers**

**Notts 10Mile 21/06/2019**

Position	Name	Time	SB/PB
115	Charlotte Edwards	01:26:52	PB 3Min 45 Seconds
135	Sue Pawson	01:37:32	PB 1Min 42 Seconds
140	Mary Webber	01:43:39	

**Dambuster Triathlon 22/06/2019**

Position	Name	Finish time	SB/PB
88	Stephen Cook	02:33:22	Swim - 00:28:45, T1 02:24, Bike - <b>01:19:06</b> , T2 01:37, Run (10K) - <b>41:30</b>

### **Peterborough Parkrun 22/06/2019**

Position	Name	Time	PB/SB
44	Dan STAPLETON	00:21:20	SB - 1Min 7 Seconds
60	Paul MILLER	00:22:19	PB - 44 Seconds
144	Eric WINSTONE	00:24:42	
169	Paul FOWLER	00:25:47	PB - 24 Seconds
220	Jeff BEEVER	00:27:10	
228	Christine GOBBI	00:27:29	
281	Joy ATKIN	00:28:30	
294	Matthew WEBB	00:28:48	
360	Jenny BUTLER	00:31:04	
365	Barbara GUNN	00:31:11	
397	Sue DIBBLE	00:32:16	
398	Shane GOLDSMITH	00:32:17	
399	Jane CHAMBERS	00:32:17	
400	Brian GRIFFITHS	00:32:18	
476	Rebecca COCHRANE	00:36:09	
508	Charlene ELLIOTT	00:37:49	

### **621 Finishers**

### **Sheringham Parkrun 22/06/2019**

Position	Name	Time	PB/SB
58	Christopher STAPLETON	00:26:11	

### **216 Finishers**

### **Manor Parkrun 22/06/2019**

Position	Name	Time	PB/SB
1	Brian CORLEYS	00:18:09	

### **128 Finishers**

### **Sublime 10K 23/06/2019**

Position	Name	Time	SB/PB
3	Scott Meadows	00:35:05	1st in Age
40	Steven Allpress	00:43:03	PB - 31 Seconds
101	Shane Goldsmith	00:47:31	
112	Eric. Winstone	00:48:23	1st in Age
182	Paul Fowler	00:51:39	PB – 3Min 22seconds
256	Matthew Barrows	00:55:24	
284	Robert Tomkins	00:56:22	
360	Callum Atherfold	00:59:46	
361	Paul Atherfold	00:59:48	
367	Louise Randall	01:00:10	SB – 45 Seconds
489	Giada Cristiano	01:06:57	SB – 2Min 2 Seconds
563	Hayley Mckernan	01:12:45	
564	Rebecca Cochrane	01:12:47	

### **Sydling Hill Race 10K 23/06/2019**

Position	Name	Time	SB/PB
31	Becky Witton	01:04:06	
171	Rachel Stone	01:30:11	

### **Giants Head Marathon 22/06/2019**

Position	Name	Time	SB/PB
60	Dean Chapman	05:00:07	
209	Jay Langdon	06:11:52	

### **Hitchin 10K 23/06/2019**

Position	Name	Time	SB/PB
32	Aunty	01:22:07	

### **Grimsthorpe 10K 23/06/2019**

Position	Name	Time	SB/PB
45	Liz Camelford	01:01:30	