



Chase the Sun 5k QEOP 19/07/17

| Position | Name | Time | PB/SB |
|----------|------------|-------|-----------------------|
| 72 | Julie Tebb | 28:18 | PB 35 secs 1st in age |

192 Finishers

Stamford Grand Prix 5k 19/07/17

| | | | |
|-----|-----------------|-------|--|
| 6 | Martin Guchuhi | 17:14 | |
| 7 | James Fisher | 17:17 | |
| 33 | Jake Norman | 19:15 | |
| 34 | Mark Pereira | 19:20 | |
| 44 | Nick Welford | 20:03 | |
| 58 | Paul Baxter | 21:07 | |
| 79 | Eric Winstone | 22:08 | |
| 81 | Michelle Cooper | 22:13 | |
| 134 | Nilesh Patel | 25:17 | |
| 148 | Sarah Williams | 25:58 | |

190 Finishers

Peterborough Parkrun 2014 22/07/17

| Position | Name | Time | PB/SB |
|----------|-----------------------|-------|--------------|
| 2 | Martin GICHUHI | 17:13 | |
| 26 | Scott MEADOWS | 20:22 | |
| 78 | Eric WINSTONE | 22:55 | |
| 92 | Aaron YOUNG | 23:34 | |
| 100 | Carl FRANCIS | 23:55 | |
| 109 | Paul HIDES | 24:10 | |
| 111 | Christopher STAPLETON | 24:24 | |
| 161 | Sarah WILLIAMS | 25:57 | PR PB 7 secs |
| 174 | Robert DANIELS | 26:12 | |
| 195 | Jeff BEEVER | 26:49 | |
| 203 | Jenny BRYANT | 26:58 | |
| 220 | Nilesh PATEL | 27:21 | |

| | | | |
|-----|----------------------|-------|------------|
| 223 | Rebecca WITTON | 27:28 | |
| 231 | Rachel STONE | 27:33 | |
| 246 | Stacey REES-SQUELCH | 27:59 | |
| 248 | Louise TESLOFF | 28:01 | |
| 284 | Steven ALLPRESS | 29:07 | |
| 294 | Sue PAWSON | 29:27 | |
| 326 | Barbara GUNN | 30:31 | |
| 334 | Giada Sade CRISTIANO | 30:39 | |
| 336 | Jenny BUTLER | 30:45 | |
| 367 | Eve LESTER | 32:04 | |
| 384 | Mandy WALKER | 33:01 | |
| 395 | Charlene ELLIOTT | 33:40 | PB 56 secs |
| 397 | Sarah STONE | 33:43 | |
| 439 | Jon TIERNAN | 35:18 | |
| 491 | Paula STAPLETON | 39:15 | |

545 Finishers

Arrow Valley Parkrun 22/07/17

| Position | Name | Time | PB/SB |
|----------|-------------|-------|-------|
| 7 | Jake Norman | 18:57 | |

265 Finishers

Beeston Parkrun 22/07/17

| Position | Name | Time | PB/SB |
|----------|--------------|-------|-------|
| 2 | James Fisher | 17:28 | |

290 Finishers

Outlaw Ironman Nottingham 23/07/17

| Name | Swim | Trans | Bike | Trans | Run | Total |
|--------------|---------|-------|---------|-------|---------|----------|
| Mike Daniels | 1:19:36 | 18:24 | 6:09:34 | 19:45 | 4:31:52 | 12:39:11 |
| Steve Cooke | 1:08:13 | 14:43 | 6:24:50 | 16:14 | 4:35:12 | 12:44:12 |
| Peter Tebb | 1:16:57 | 13:30 | 6:24:13 | 9:59 | 4:50:31 | 12:55:10 |