



Grand Prix Series 07/06/17

Position	Name	Time	PB/SB
11	Martin GUCHUHI	00:17:04	PB
38	Mark PEREIRA	00:18:26	PB 18 secs
84	Paul BAXTER	00:20:00	2 nd in age
87	Hannah CHAPMAN	00:20:03	1 st in age
116	John ELLICOTT	00:20:52	
122	Martin GLENDENNING	00:20:58	
141	Ryan STEPHENS	00:21:22	
145	Paul ATHERFOLD	00:21:27	PB 45 secs
146	Eric WINSTONE	00:21:28	SB 8 sec 1 st in age
154	Michelle COOPER	00:21:44	
161	Dean CHAPMAN	00:21:58	
176	Gareth BURGESS	00:22:29	
196	Becky WITTON	00:23:20	
215	Nilesh PATEL	00:24:06	
221	Alison SINCLAIR	00:24:21	
270	Sarah WILLIAMS	00:26:15	PB 13 secs
278	Gary MARSHALL	00:26:48	PB 37 secs
286	Mary WEBBER	00:27:24	SB 59 sec 2 nd in age
298	Greg MARSHALL	00:28:14	
336	Hannah MARSHALL	00:32:07	
353	Helen BLOODWORTH	00:41:16	

354 Finishers

Park Run 208 10/06/17

Position	Name	Time	PB/SB
25	Nick WEFORD	00:19:56	
68	Jon ELLICOTT	00:21:53	
75	Gareth BURGESS	00:22:09	
83	Rob DANIELS	00:22:25	PB 11 secs
84	Chris HOPEWELL	00:22:26	
92	Eric WINSTONE	00:22:40	

99	Aaron YOUNG	00:22:51	
137	Alison SINCLAIR	00:24:15	CR 4 secs
142	Carl FRANCIS	00:24:27	SB 4 secs
164	Chris STAPLETON	00:24:58	
195	Phil SAVAGE	00:25:46	
222	Jeff BEEVER	00:26:34	
223	Jenny BRYANT	00:26:34	PB 23 secs
231	Laura-Jane EDWARDS	00:26:50	
243	Sarah WILLIAMS	00:27:10	
258	Liz WARD	00:27:43	SB
268	Steve ALLPRESS	00:28:03	
294	Sue PAWSON	00:28:45	
333	Mary WEBBER	00:29:42	
336	Dave ARMSTRONG	00:29:55	
366	Jenny BUTLER	00:31:21	
374	Emma BLIN	00:31:36	PB 18 secs
378	Barbara GUNN	00:31:39	
380	Liz LORIMER	00:31:47	
497	George DAWSON	00:36:33	
502	Martin GICHUHI	00:36:41	
505	Charlene ELLIOTT	00:36:48	
576	Stacey REES-SQUELCH	00:43:42	

612 Finishers

St Albans Half 11/06/17

Position	Name	Time	PB/SB
899	Chris Nightingale	1:54:31	
1253	Jeff Beever	2:02:20	

St Albans 5k 11/06/17

Position	Name	Time	PB/SB
293	Jenny Bryant	32:06	

Stanwick Lakes Half Marathon 11/06/17

Position	Name	Time	PB/SB
10	Hannah Chapman	1:34:37	PB 10:40 1st lady
16	Dean Chapman	1:42:23	
36	Liz Camelford	1:57:55	

Sutton Beast 10k 11/6/17

Position	Name	Time	PB/SB
31	Aaron Young	49:13	

122 Finishers**British National Championship Standard Triathlon Leeds 11/06/17**

Position	Name	Time	PB/SB
	Paul Jephcott		
	Swim 1500m	33:34	
	Transition 1	6:53	
	Bike 36k	1:11:07	
	Transition 2	3:29	
	Run 10k	52:01	
	Total	2:47:02	SB 10:02 9 th in age