

men

	<u>Senior</u>	<u>V40-44</u>	<u>V45-49</u>	<u>V50-54</u>	<u>V55-59</u>	<u>V60+</u>
<u>5k</u>	30/07/2016 P.Martin 00:16:12 P'boro Parkrun	17/12/2016 B. Corleys 00:16:24 P'boro Parkrun	15/08/2012 R Ardern 00:18:19 Barney Memorial	18/09/2016 P. Baxter 00:19:50 P'boro Parkrun	20/06/2018 P. Baxter 00:19:06 Grand Prix Eye	15/08/2007 R. Pilkington 00:20:39 P'boro Series
<u>5 mile</u>	26/11/2016 P.Martin 00:27:28 Wolverton	18/02/2016 M Daniels 00:31:10 Weston Prom Run	12/08/12 R Ardern 00:31:14 Thorney	20/08/2006 I. Corleys 00:32:30 Thorney	12/07/2018 P. Baxter 00:32:15 Eye	10/07/2014 E Winstone 00:34:52 Eye Charity
<u>10k</u>	04/05/2014 B. Corleys 00:35:05 Langtoft	20/11/2016 B Corleys 00:34:43 Coventry	20/5/12 R. Ardern 00:38:20 Deeping	01/09/02 B. Barrett 00:40:50 Deeping	18/11/2018 P Baxter 00:40:05 Long Sutton	22/06/1997 M. Russell 00:42:44 Gt. Eastern
<u>10 mile</u>	18/10/2015 P Martin 00:56:49 Fenland	26/10/2014 B. Corleys 00:57:00 Fenland	28/10/12 R. Ardern 01:04:03 Fenland	04/12/05 I. Corleys 01:08:07 Nene Valley	28/10/2018 P.Baxter 01:05:54 Fenland	31/10/2010 B.Barrett 01:10:44 Fenland
<u>Half Marathon</u>	13/09/2015 P Martin 01:13:50 Grunty Fen	09/10/2016 B Corleys 01:13:29 Great Eastern	13/10/2013 R Ardern 01:25:43 Great Eastern	08/09/02 B. Barrett 01:28:16 Grunty Fen	14/10/2018 P. Baxter 01:27:08 Great Eastern	10/10/10 B. Barrett 01:34:18 Great Eastern
<u>Marathon</u>	14/08/2016 P Martin 02:36:42 Isle Of Man	23/04/2017 B Corleys 03:01:28 London	17/04/2016 R Ardern 03:22:38 London	2002 B. Barrett 03:23:34 London	14/04/2019 P. Baxter 03:14:23 Peterborough	26/04/98 M. Russell 03:26:00 London

## women

	<u>Senior</u>	<u>V35-39</u>	<u>V40-44</u>	<u>V45-49</u>	<u>V50-54</u>	<u>V55+</u>
<u>5k</u>	31/03/2018 H Chapman 00:19:34 P'boro Parkrun	15/10/2016 C Day 00:22:35 P'boro Parkrun	30/05/2015 E. Casbard 00:20:33 P'boro Parkrun	20/05/2017 L Tesloff 00:23:05 P'boro Parkrun	01/07/2017 L Tesloff 00:23:51 P'boro Parkrun	09/06/2010 Y. Mann 00:24:09 P'boro Series
<u>5 mile</u>	17/08/2014 Y Cooper 00:34:37 Thorney	07/06/07 S. Harrhy 00:40:47 Eye Charity	05/07/2015 E. Casbard 00:35:41 March Spud Run	17/08/2014 A Sinclair 00:39:54 Thorney	13/07/17 L Tesloff 00:40:38 Eye Charity	17/06/2010 Y. Mann 00:39:28 Eye Charity
<u>10k</u>	05/08/01 A. Sinclair 00:41:15 Wellingboro'	28/08/07 L. Hales 00:44:54 Grimsthorpe	18/11/2018 T. McCartney 00:39:12 Long Sutton	13/07/03 S. Baldwin 00:46:51 P'boro Police	03/05/2015 J Orr 00:49:07 Langtoft	09/05/2010 Y. Mann 00:49:45 Eye
<u>10 mile</u>	01/12/2013 Y. Cooper 01:12:38 Nene Valley	28/10/07 L. Hales 01:10:17 Fenland	26/10/2014 E. Casbard 01:16:33 Fenland	04/12/04 S. Kidd 01:18:13 Nene Valley	03/09/2017 L. Tesloff 01:26:41 John Fraser 10	27/02/2011 Y. Mann 01:22:53 Fenland
<u>Half Marathon</u>	11/10/09 Y. Cooper 01:28:36 Great Eastern	14/10/2007 L. Hales 01:33:51 Great Eastern	11/10/2015 E Casbard 01:35:47 Great Eastern	02/03/2014 A Sinclair 01:48:02 Silverstone	19/11/17 L. Tesloff 01:49:44 St Neots	13/03/11 Y. Mann 01:47:47 City of Norwich
<u>Marathon</u>	13/09/09 Y. Cooper 03:08:37 Robin Hood	26/04/98 S. Wilson 03:20:00 London	07/04/2019 R Witton 03:49:36 Manchester	22/4/12 A Sinclair 03:59:34 London	23/04/2017 A Sinclair 03:53:47 London	22/04/2012 Y. Mann 03:46:26 London