



**Eye 5K Handicap 8/8/2019**

Position	Name	Run Time	PB/SB
9	Seb Dabek	00:24:05	
21	Shane Goldsmith	00:23:38	
26	Scott Meadows	00:18:45	
39	Mark Pereira	00:21:06	
57	Jeff Beever	00:27:19	
69	Diana Baird	00:33:06	
70	Charlotte Edwards	00:28:50	

**71 Finishers**

**Sleaford 10k 09/08/2019**

Position	Name	Run Time	PB/SB
33	Dan Stapleton	00:44:02	PB - 1 min 12 seconds
51	Steve Allpress	00:46:46	
64	Chris Stapleton	00:49:15	1 <sup>st</sup> in Age
69	Becky Witton	00:49:41	1 <sup>st</sup> in Age
105	Brian Griffiths	00:54:15	PB – 6 mins 47 seconds
109	Laura Edwards	00:54:28	PB – 1 min 22 seconds
110	Joy Atkin	00:54:28	
123	Charlotte Edwards	00:56:20	
161	Rachel Stone	01:00:23	

**226 Finishers**

**Manor Park Parkrun 10/08/2019**

Position	Name	Run Time	PB/SB
46	Shane Goldsmith	00:24:55	

**173 Finishers**

**Woolacombe Dunes Parkrun 10/08/2019**

Position	Name	Run Time	PB/SB
16	Mike Daniels	00:23:31	
101	Mandy Walker	00:35:28	

**134 Finishers**

**Eden Project Parkrun 10/08/2019**

Position	Name	Run Time	PB/SB
121	Paul Miller	00:25:08	
165	Kathleen Miller	00:26:36	

**392 Finishers**