



Eye Charity 5 mile 11/07/2019

Position	Name	Time	SB/PB
4	Scott Meadows	00:28:40	PB – 3 mins 9 secs
5	Brian Corleys	00:29:09	
30	Dan Stapleton	00:36:23	PB – 2 mins 13 secs
33	Shane Goldsmith	00:37:06	PB – 1 min 7 secs
38	Michelle Cooper	00:38:52	2 nd lady!
44	Seb Dabek	00:39:50	
75	Paul Atherfold	00:44:02	
80	Kathleen Miller	00:44:36	
81	Paul Miller	00:44:36	
82	Joy Atkin	00:44:37	
86	Laura Edwards	00:45:03	PB – 57 secs
96	Sarah Williams	00:46:04	
97	Chris Stapleton	00:46:06	
115	Matt Webb	00:49:33	

152 Finishers

Peterborough Parkrun 13/07/2019

Position	Name	Time	SB/PB
27	Steve Allpress	00:20:14	
103	Paul Miller	00:23:18	
113	Martin Gichuhi	00:23:39	
158	Seb Dabek	00:24:54	
210	Ali Sinclair	00:26:05	SB – 12 secs
218	Shane Goldsmith	00:26:19	
278	Steve Donovan	00:27:43	
303	Bryan Smale	00:28:17	
315	Jay Langdon	00:28:33	
347	Sue Pawson	00:29:23	
385	Louise Randall	00:30:24	
386	Jenny Butler	00:30:25	
390	Giada Sade Cristiano	00:30:32	SB – 1 min 2 secs
409	Rob Daniels	00:31:07	
472	Wendy Edwards	00:33:39	
473	Laura Edwards	00:33:40	

677 Finishers

Kings Lynn Parkrun 13/07/2019

Position	Name	Time	SB/PB
49	Alan Condon	00:21:56	SB- 3 secs

432 Finishers

Penrhyn Parkrun 13/07/2019

Position	Name	Time	SB/PB
113	Abi Tiernan	00:28:42	

113 Finishers

Manor Field Parkrun 13/07/2019

Position	Name	Time	SB/PB
20	Jeff Beaver	00:27:36	

87 Finishers

Essex 100 – 30 mile race 13/07/2019

Position	Name	Time	SB/PB
10	Chris Nightingale	06:20:00	

17 Finishers