

First Name	Last Name	age cat	10k	10m	Half	Full	award date
Richard	Ardern	m40	bronze	silver	gold		
Diana	Baird	m45			3*		
Marianne	Blessett	F45	3*				
Amanda	Butler	I40	3*		1*		
Stephen	Clarke	SM	3*	3*	jubilee		
Alan	Condon	SM		jubilee	bronze		
Wendy	Coxshall	I35	3*				
Mike	Daniels	SM	jubilee		gold		
Sue	Davys	F50	silver	jubilee	bronze		
George	Dawson	M75		silver			
John	Ellicott	SM	1*		1*		
Ben	Evans	ms			bronze		
Mark	Evans	ms			2*		
Claire	Hancock	SL	jubilee	3*			
Roz	Johnston	SL		3*			
Aimee	Lewis	F35	2*				
Yvonne	Mann	L60		platinum			
Christopher	melley	sm	1*	2*			
Christopher	Molley	SM		2*			
Sean	O'Driscoll	m50		jubilee			
alan	moorhead	m40	jubilee				
Paul	Page	ms			gold		
Nilesh	Patel	ms	1*		2*		
Barry	Ryan	m40	jubilee				
John	Richmond	sm	silver		diamond	diamond	
Christopher	Stapleton	M60		silver			
Julie	Tebb	L40				3*	
Peter	Tebb	m45	2*	2*	jubilee	2*	
Elizabeth	Whittaker	I50	silver		gold		
Sean	Whittaker	m45	2*				
Richard	Wigginton	SM		3*	bronze		
Reuben	Williams	ms	3*				
Karl	Wishart	SM	2*		2*		