

Figure of 8 course



Route 26 5.60 miles

- From Bushy bear left onto path behind the Shell garage.
- Under the underpass, cross Dunblane Drive and bear left onto Newcombe Way.
- At traffic lights turn right into Bakewell Road.
- 1 mile Just before left bend in road**
 - Follow road round to traffic light junction. Turn left onto Southgate Way.
 - Bear left at roundabout back onto Newcombe Way.
 - Straight across next roundabout.
- 2 miles Just before you cross Bakewell Rd**
 - Across Bakewell Rd & retrace steps back to Bushy.
 - After Shell garage bear left and follow path over blue bridge. Bear left
- 3 miles Just after Matley**
 - Bear left at The Chequers into Lynch Wood Business Park
- 4 miles Just after roundabout at end of "Grump's Straight"**
 - Leave business park by footpath onto Wistow Way, Turn right.
 - Past Chequers and re-trace course over blue bridge back to Bushy
- 5 miles Just after blue bridge.**